

** Also available in calendar format at <u>https://ecssports.org/boys-basketball/calendar/</u>

This summer, we are asking our guys to dedicate the month of June to ECS Hoops. For those that plan to play football & basketball next year, it will be a VERY busy summer! We ask that you try to schedule family vacations for July and communicate with the coaches if you are out of town. If there are conflicts, communication is a must!

Coach Guttery: <u>sguttery@goecs.org</u> Coach Westberry: <u>dwestberry@goecs.org</u>

Strength & Conditioning sessions Every Monday-Thursday 7:45-8:45 am

except July 3-7... that week will be off

- June 8 Last Day of School
- June 9 First Summer Hoops Practice (MS & HS) 10-11:30 am
- June 12-15 Summer Shootout Clinic (A camp for 5th-9th graders) High school players needed for volunteers
- June 12 "varsity level" practice 4:30-5:30 pm
- June 13 "varsity level" practice 4:30-5:30 pm
- June 14 "varsity level" practice 4:30-5:30 pm
- June 16-18 Florida Association of Basketball Coaches Team Camp (Gainesville) 10-12 players selected
- June 19-21 Summer Shootout Clinic JR (A camp for K-5 graders) High School players needed for volunteers
- June 19 Summer Hoops Practice (MS & HS) 10-11:30 am
- June 20 Summer Hoops Practice (MS & HS) 10-11:30 am
- June 21 Summer Hoops Practice (MS & HS) 10-11:30 am
- June 23-24 JV Summer Shootout Team Camp (JV teams from around SWFL will play 3 games/day) 10-12 players selected... Varsity player volunteers needed to run clocks.
- June 26-28 Varsity Summer Shootout Team Camp (Varsity teams from around SWFL will play 3 games/day) 10-12 players selected... JV/MS player volunteers needed to run clocks

July 3-7 - OFF - No Scheduled Workouts

- July Strength & Conditioning continues each Monday-Thursday from 7:45-8:45.
 - The gym will be available <u>some days</u> for shooting after strength & conditioning.

"Those who work the hardest, are the last to surrender"